



JUST LIKE MOM'S MEATLOAF

Shopping List

- Southeastern Mills® Brown Gravy Mix (4.5 oz.)
- Ground Beef (2 lbs.)
- Eggs
- Onion (1 large)
- Plain Breadcrumbs
- Barbecue Sauce
- Ketchup

Directions

Preheat oven to 350°F. To 2 lbs. of ground beef, add 1 egg, 1 cup diced onion, ½ cup breadcrumbs, ½ cup barbecue sauce and DRY gravy mix. Combine thoroughly, shape into loaf and place in a 9-inch loaf pan. Top with ketchup. Bake for 30-40 minutes or until internal temperature reaches 165°F. Enjoy!



Copyright © 2008 Southeastern Mills, Inc.



JUST LIKE MOM'S MEATLOAF

Shopping List

- Southeastern Mills® Brown Gravy Mix (4.5 oz.)
- Ground Beef (2 lbs.)
- Eggs
- Onion (1 large)
- Plain Breadcrumbs
- Barbecue Sauce
- Ketchup

Directions

Preheat oven to 350°F. To 2 lbs. of ground beef, add 1 egg, 1 cup diced onion, ½ cup breadcrumbs, ½ cup barbecue sauce and DRY gravy mix. Combine thoroughly, shape into loaf and place in a 9-inch loaf pan. Top with ketchup. Bake for 30-40 minutes or until internal temperature reaches 165°F. Enjoy!



Copyright © 2008 Southeastern Mills, Inc.